

Up and Down

Giocoso (♩ = 84) **Swing** ♩ = ♩³♩

Words & Music by Karen Mitchell

The piano introduction consists of two staves. The right hand is mostly silent. The left hand plays a rhythmic pattern of eighth notes, starting with a *mp* dynamic. The pattern includes a triplet of eighth notes and ends with a *f* dynamic. The key signature has one sharp (F#).

1. Well, he says "Up", and so I pick him up— So I can play with him.
"Up", and so dad picks him up— To play air - plane with him.

The piano accompaniment for this section is marked *mf* and features a steady eighth-note bass line with chords in the right hand.

second time play LH octaves

— We'll talk and dance and play some games: "I know! We'll go to
— Dad throws him up in - to the air— 'Cause Sup - er - man's his

The piano accompaniment continues with the same eighth-note bass line and chords.

gym!" Then he says "Down, I don't want up, I want to play a - lone right now."
whim. Then he says "Down", and dad gets on the floor To roll a - round with him,—

The piano accompaniment continues with the same eighth-note bass line and chords.

So down I put him on the floor: *I'm diz - zy! Ho - ly cow!*
 Then wres - tle, play - ing 'pow - er guys'. *"I know: it's time for gym!"*

How do moth - ers do it? Up we hop right to it! I guess we're just used
 "How do moth - ers do it? Up they hop right to it. *I guess they're just used*

to it. Oh, there is my hus - band now! — 2. And he says
 to it! Oh, where is your moth - er now?"

3. Well, he says

ff *p*³

"Up", and so I pick him up— And in the bath he goes.— We

The first system of the musical score consists of a vocal line and piano accompaniment. The vocal line is in treble clef and contains the lyrics: "Up", and so I pick him up— And in the bath he goes.— We. The piano accompaniment is in G major and 4/4 time, with a steady eighth-note pattern in the right hand and a simple bass line in the left hand. A triplet of eighth notes is marked with a '3' in the second measure of the piano part.

splash a - round the bub - bles then: *Oh man! He's soaked my clothes!* Then I say

The second system continues the musical score. The vocal line has a rest for two measures before the lyrics: splash a - round the bub - bles then: *Oh man! He's soaked my clothes!* Then I say. The piano accompaniment continues with the same eighth-note pattern, including another triplet of eighth notes in the second measure.

"Down", and in his bed he goes He's so tired, I have no doubt.— I'll

The third system features the vocal line with lyrics: "Down", and in his bed he goes He's so tired, I have no doubt.— I'll. The piano accompaniment continues with the eighth-note pattern and includes two triplet markings in the second and fourth measures.

read a book and sing a song, Then give him hugs... *he's al - most out!*

The fourth system concludes the musical score. The vocal line has lyrics: read a book and sing a song, Then give him hugs... *he's al - most out!*. The piano accompaniment continues with the eighth-note pattern, featuring a triplet in the second measure and a *rit.* (ritardando) marking in the fourth measure.

Slower

Why do moth - ers do it? *Well,* there's real - ly no - thing to it: *In*

The first system of the musical score features a vocal line on a single treble clef staff and a piano accompaniment on two staves (treble and bass clefs). The vocal line begins with the lyrics 'Why do moth - ers do it?' followed by a breath mark and the word 'Well,'. The piano accompaniment consists of a steady eighth-note melody in the right hand and a bass line in the left hand. There are two triplet markings (indicated by a '3' over the notes) in the right hand.

fact, I love to do it! Oh, look at him, is - n't he sweet?

rit. *Tempo I*

The second system continues the musical score. The vocal line includes the lyrics 'fact, I love to do it!' and 'Oh, look at him, is - n't he sweet?'. The piano accompaniment features a more complex melody with a long slur over several notes in the right hand. There are three triplet markings in the right hand and one in the left hand. The tempo marking 'Tempo I' is placed at the end of the system.

Fade out while saying: *Aw, look at him. He's so cute. It almost makes me want to have another one!*
Oh boy, I've got to wash the clothes and pick up the toys. And I think there's dishes to do... etc.

repeat and fade

The third system is a piano accompaniment for a fade-out section. It features a treble and bass clef staff. The melody in the right hand is a simple eighth-note pattern. The left hand provides a harmonic accompaniment. There are two triplet markings in the right hand. The instruction 'repeat and fade' is written below the first few notes.